

PLAYER INFORMATION 2024

REGISTRATION: BY ROUND 1

Everyone must be registered before Rd 1 - Transfers can take 7 days

Contact Sharon secretary@fitzroyfc.com.au or 0415 420 487 if any problems.



SUBS: BY 13 APRIL AND 25 MAY

Senior Men's and Reserves: \$480

Senior Women and Reserves: \$390

Thirds: \$325

Under 19s: \$295

Subs can be made over two payments, but **no-one can play after 25 May** if not fully paid up. If having trouble paying, speak to your coach.

<https://www.fitzroyfc.com.au/player-subscription-gear>

| Teams | Payment 1 | Payment 2 |
|--------------------|-------------------|-----------------|
| Snr Men/Reserves | \$240 by 13 April | \$240 by 25 May |
| Snr Women/Reserves | \$200 by 13 April | \$190 by 25 May |
| Thirds | \$200 by 13 April | \$125 by 25 May |
| U19s | \$150 by 13 April | \$145 by 25 May |

WHERE DO YOUR SUBS GO?

Each year, the Board reviews player subs and tries to keep any increases as minimal as possible.

However, we have to factor in the costs of putting multiple teams on the ground each week. These include ground hire, umpire fees, trainers, physios and supplies, coaches, footballs and equipment, insurance and VAFA affiliation fees.

Just as a snapshot, in 2023, we paid \$11,000 for ground hire, \$9,000 for tape and medical supplies and \$56,000 for umpires. We also paid \$550 in VAFA fines for melees.

In 2024, we are facing additional costs in the Premier Division – we will pay more for umpires as there will be more VAFA umpires at each Premier game and we have to pay \$5000 for the VAFA Premier Data Program.

We have income from fabulous sponsors and members, but we struggle to even break even at the end of the season.

WHAT CAN PLAYERS DO?

- Make sure your subs are paid by the due dates (pay whole amount at the start if you can)
- Sell raffle tickets (see more later)
- Encourage friends and family to be members
- Buy tickets for club events – and make sure they are sold out!

PLAYER SPONSORSHIP

For many years, Fitzroy has had a system of supporter sponsorships to cover all or part of player registration fees.

The program is open to all players, with coaches asked to nominate players who they believe most need assistance.

The player sponsor program is advertised to FFC members through the Club's e-news and website. Sponsorships paid through the FFC Australian Sports Foundation account are tax deductible.

Players can source their own sponsor and parents/guardians can sponsor their own child.

However, parents/guardians cannot access a tax deduction.

Each year, Fitzroy Rotary sponsors a small number of Under 19 players as part of its focus on leadership, while the Brisbane Lions sponsor a developing player from each of the senior teams.

<https://asf.org.au/projects/fitzroy-football-club/fitzroy-football-club-player-assistance-fund>

<https://www.fitzroyfc.com.au/sponsorship/player-sponsorship>

Director contact: Corbin club_development@fitzroyfc.com.au or 0412 649 806

GAME DAY: WHAT YOU WEAR

| | | | |
|---------------------|------|------------------------|------|
| Jumper (sleeveless) | \$55 | Jumper (long sleeve) | \$60 |
| Shorts | \$30 | Women AFL Style Shorts | \$35 |
| Socks (short) | \$15 | Socks (long) | \$20 |

These can be purchased at practice matches and training preseason. During the season, ask your team manager.

ARRIVING FOR GAMES: We would like all FFC players to arrive and leave games wearing either a club polo shirt or a club hoody. We will be ordering additional stock and will get the cost details to you as soon as possible.

GAME DAY: WHAT WE NEED

Every game, we have to have people to fill these roles or be fined by the VAFA:

- Team manager
- Timekeeper
- Goal umpire
- Boundary umpire
- Runner
- Water carrier (max 4)
- Umpire escort

We try to source volunteers through Seek Volunteer and the Red Roy Mail, but there are not enough people to do all these jobs.

So, we need players who are not selected and/or injured to fill these roles and to help us by asking parents, siblings, friends, housemates.

It is also the players' responsibility to take out and bring back in goal padding and to clean the rooms after each game.

Director contact: Sophie Arnold – media@fitzroyfc.com.au or 0421 214 334

PLAYER INJURIES

Insurance and ambulance cover

VAFA insurance covers injuries occurred at training or official matches (including practice matches).

Coverage is for non-Medicare costs, pays 90% of costs up to max of \$3500

It does not include income protection: consider your options in relation to this.

No ambulance cover

VAFA insurance does not include ambulance cover. So, if an ambulance is called, you will cover the cost.

Some private health insurance includes ambulance cover, but you need to check this before Rd 1.

If don't have ambulance membership, sign up here:

<https://www.ambulance.vic.gov.au/membership/>

Cost is \$51.94 for single, and they have quarterly DD plans (\$12.99).

Making a claim

Step 1: Contact Sharon at secretary@fitzroyfc.com.au

Step 2: Try to lodge a claim straight away, even if you don't have to have all details.

Concussion

Players cannot return to play for 21 days.

Before returning to training, affected player must provide a medical certificate which refers to concussion and states clear to return to training. This certificate can be from a GP, sports doctor, or neurologist.

Player must be able to complete no contact training without symptoms before doing contact training.

Director contact: Sharon secretary@fitzroyfc.com.au

PHYSIOS

Players will be able to access physio treatment as follows:

- Senior and Reserve men and women home and away games
- Monday night injury clinic at Clifton Hill Physiotherapy, 111 Queens Parade
- Thursday night training at Brunswick St and Ramsden St ovals.

PLAYER WELLBEING

Player Wellbeing Team - 2024

Ross Borland, Gifar Hassan, Jack Hart, Naomi Wharton, Noah Wright, Chloe Seats, Jock Greene, Ada Stripes

Player Wellbeing Portal

Access lots of information and resources about professional and personal development and mental health at <https://www.fitzroyfc.com.au/player-wellbeing> (Use PIN 11111)

Access to doctors

Any players who need support with a GP or psychologist but can't get an appointment or afford it, we can link you into the Clifton Hill Medical Group. Contact: Cass on 425 842 039

Wellbeing Survey

We would love all players to fill out this survey as it is an avenue for anonymous feedback to the board, coaches and playing group – you don't provide your name or contact details.

We use the results to help us make informed decisions about how to best support all our players at Fitzroy Football Club, including things like:

- Thursday night team dinner guest speakers and topics
- Services the club should offer in 2024
- Social events you would like to have in 2024
- Merchandise you are hoping to buy this year



Director contact: Cass Blake player_wellbeing@fitzroyfc.com.au or 0425 842 039

CLUB RAFFLE

Our goal is to generate \$10,000 each year ticket sales by players.

This can bring in more than a Gold Sponsor.

The money raised goes back into the football programs.

Circulate your unique raffle link (when provided) amongst your network – compete with each other to bring in the most!

Director contact: Rob sponsorship@fitzroyfc.com.au or 0413 767 907

CLUB SPONSORS

Sponsors provide over 35% of the club's revenue plus in kind support e.g. raffle prizes, best on ground awards.

You can help Fitzroy by supporting the businesses which support us -

<https://www.fitzroyfc.com.au/sponsorship/our-sponsors>

You can also suggest any businesses who might be interested in sponsoring or joining our business network – what about your own employer?

Director contact: Rob sponsorship@fitzroyfc.com.au or 0413 767 907

EVENTS

Each season, we run as many events as we can to:

- Raise funds for the club
- Build our FFC community and establish connections between our players, board members, volunteers, members, supporters, and sponsors
- Raise the club's profile and support
- Mark important dates and advance issues (Pride Game to mark IDAHOBIT and to call for equality in football).

WHAT CAN PLAYERS DO?

- Book event tickets early! Late bookings can cost the club money and some venues won't allow late bookings
- Encourage your family and friends to come to club events (game day lunches, Pride Game)
- Join the Players Events Committee – Let Emily know if you'd like to join

Director contact: Emily events@fitzroyfc.com.au or 0490 226 448

STAY IN TOUCH

Make sure you are in player Messenger group and chats

Read the RedRoy Mail, the club e-news (contact Sophie if not getting it)

Follow us:

- Facebook: facebook.com/fitzroyfc
- Instagram: instagram.com/fitzroy_fc/
- LinkedIn: [fitzroy-football-club](https://linkedin.com/company/fitzroy-football-club)

Director contact: Sophie Arnold media@fitzroyfc.com.au or 0421 214 334

MEMBERSHIP

Members are our lifeblood so encourage anyone you can to join:

<https://www.fitzroyfc.com.au/membership>

There is a membership category for everyone!

| | |
|------------------------|--|
| Committed | \$75 |
| Committed (Concession) | \$50 |
| Hipster Hill | \$75 |
| Past Player | \$75 |
| Family | \$100 |
| Gold Lion | \$200 |
| Business | \$400 (includes listing on business directory) |
| Pet | \$20 |
| Kevin Murray Legend | \$1000 |

All memberships come with a fridge magnet with H&A games and access to special deals from selected sponsors. Kevin Murray Legend Members get a limited edition Kevin Murray heritage guernsey, a membership cap, and a free ticket to a club game day lunch.

Director contact: Corbin club_development@fitzroyfc.com.au or 0412 649 806

ABOUT FITZROY FFC

The Fitzroy Football Club is a company with members, shareholders, and directors (the Board).

The Board can have up to 10 directors and all directors are volunteers

The only FFC people who are paid are coaches and trainers.

2024 Board

President: David Leydon

Vice President and Community Relations Director: Gabrielle Murphy

Treasurer: Lesley Dredge

Football Operations Director and Secretary: Sharon Torney

Communications Director: Sophie Arnold

Events Director: Emily Andersen

Sponsorship Director: Rob Olney

Player Wellbeing Director: Cass Blake

Club Development Director: Corbin Stevic

Past Players and Partnerships Director: Richard Willingham

Contact details <https://www.fitzroyfc.com.au/officebearers>

Visit the club's website for more information, including about Fitzroy's long and proud history:

<https://www.fitzroyfc.com.au/> (Click Club Info)